## Bissell Centre Invites You to Join Them For a Workshop: Responding to Trauma in Early Childhood

## \*\*Currently 12 spots available for this workshop\*\*

Due to pioneering research such as the Adverse Childhood Experiences Study, the ramifications of developmental trauma are finally being recognized. Trauma at any stage in life has severe impacts on all aspects of a person's health and well-being, but developmental trauma has its own unique impacts and effects. This is due to the influence trauma has on a child's still developing brain and body as well as the fact that developmental trauma often occurs within a child's primary care-giving system. This one day training addresses these unique aspects of developmental trauma focusing on early brain development and exploring the impact and effects of exposure to ongoing or repetitive trauma in childhood. Practitioners will learn a variety of strategies for responding to and supporting children who may be experiencing trauma.

By the end of this workshop, participants will be able to:

- Define and describe trauma-informed practice
- Identify the main principles of trauma-informed practice
- Define and describe developmental trauma
- Articulate the impacts and effects of developmental trauma on children
- Identify the signs and symptoms of developmental-trauma in children
- Demonstrate trauma-informed strategies and effective practices when working with children

## Hosted by

Imagine Institute for Learning formally Early Childhood Development Support Service based from St. Albert

https://imagineinstitute.ca/ (You can find more information on this workshop on their website)

When: October 25, 2019 9am - 4pm (1 hour lunch break)

Cost: \$56.42 per person Plus \$10 per person for lunch (Includes refreshments, pizza, salad, and desserts.

Lunch is optional - may bring bag lunch.)

Where: Bissell Centre East Activities room
Please contact to discuss parking and lunch

Contact Sylvianne at (780) 423-2285 ext. 162 to register.